

## Encouraging Bible Verses

### When You're Disappointed

Jeremiah 29:11 (NIV)

For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.

Romans 15:13 (NIV)

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

2 Corinthians 3:17 (NIV)

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

### When Your Faith Is Shaken

2 Corinthians 4:18 (NIV)

So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

Philippians 4:1 (NIV)

Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!

James 1:2-4 (NIV)

Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance.

Let perseverance finish its work so that you may be mature and complete, not lacking anything.

### When You Feel Like Your Prayer Hasn't Been Answered

Ecclesiastes 3:1 (NIV)

There is a time for everything, and a season for every activity under the heavens:

Philippians 4:19 (NIV)

And my God will meet all your needs according to the riches of his glory in Christ Jesus.

Matthew 6:33 (NIV)

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Matthew 7:7 (NIV)

"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.

### When You're Exhausted

Matthew 11:28 (NIV)

"Come to me, all you who are weary and burdened, and I will give you rest.

Psalms 46:1 (NIV)

God is our refuge and strength, an ever-present help in trouble.

Isaiah 40:29-31 (NIV)

He gives strength to the weary and increases the power of the weak.

Even youths grow tired and weary, and young men stumble and fall;

but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

### When You Can't Sleep at Night

Philippians 4:6 (NIV)

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

1 Peter 5:7 (NIV)

Cast all your anxiety on him because he cares for you.

1 Thessalonians 5:17 (NIV)

pray continually,

### When You Doubt Your Value

Ephesians 2:10 (NIV)

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Matthew 10:29-31 (NIV)

Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father's care.

And even the very hairs of your head are all numbered.

So don't be afraid; you are worth more than many sparrows.

John 15:16 (NIV)

You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name the Father will give you.

## **When Things Go Wrong**

Romans 8:28 (NIV)

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

Joshua 1:9 (NIV)

Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

Ephesians 3:20 (NIV)

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us,

## **When You Are Betrayed**

2 Timothy 4:16-18 (NIV)

At my first defense, no one came to my support, but everyone deserted me. May it not be held against them.

But the Lord stood at my side and gave me strength, so that through me the message might be fully proclaimed and all the Gentiles might hear it. And I was delivered from the lion's mouth.

The Lord will rescue me from every evil attack and will bring me safely to his heavenly kingdom. To him be glory for ever and ever. Amen.

Ephesians 4:26-27 (NIV)

"In your anger do not sin": Do not let the sun go down while you are still angry,

and do not give the devil a foothold.

Romans 12:21 (NIV)

Do not be overcome by evil, but overcome evil with good.

## **When You're Sad**

Romans 8:26-28 (NIV)

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.

And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

Matthew 5:4 (NIV)

Blessed are those who mourn, for they will be comforted.

2 Corinthians 1:4 (NIV)

who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

## **When You Want Courage**

Joshua 1:9 (NIV)

Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

Matthew 28:20 (NIV)

and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

2 Timothy 1:7 (NIV)

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

## **When You Make Comparisons & Lose Confidence**

1 Corinthians 12:4-7 (NIV)

There are different kinds of gifts, but the same Spirit distributes them.

There are different kinds of service, but the same Lord.

There are different kinds of working, but in all of them and in everyone it is the same God at work.

Now to each one the manifestation of the Spirit is given for the common good.

Ephesians 2:10 (NIV)

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Ephesians 4:4 (NIV)

There is one body and one Spirit, just as you were called to one hope when you were called;

## **When You Have Big Decisions to Make**

James 1:5 (NIV)

If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

Proverbs 16:3 (NIV)

Commit to the Lord whatever you do, and he will establish your plans.

Joshua 1:9 (NIV)

Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

## **When You Are Sick**

Matthew 9:35 (NIV)

Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness.

Jeremiah 33:6 (NIV)

" 'Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security.

Isaiah 53:5 (NIV)

But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.

## **When You Feel Like Giving Up**

2 Corinthians 12:9-10 (NIV)

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.

That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

1 Peter 4:12-14 (NIV)

Dear friends, do not be surprised at the fiery ordeal that has come on you to test you, as though something strange were happening to you.

But rejoice inasmuch as you participate in the sufferings of Christ, so that you may be overjoyed when his glory is revealed.

If you are insulted because of the name of Christ, you are blessed, for the Spirit of glory and of God rests on you.

John 16:33 (NIV)

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

## **When You Are Tempted**

1 Corinthians 10:13 (NIV)

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear.

But when you are tempted, he will also provide a way out so that you can endure it.

James 1:12-15 (NIV)

Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him.

When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone;

but each person is tempted when they are dragged away by their own evil desire and enticed.

Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

Matthew 26:41 (NIV)

"Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

## **When You Are Fearful**

John 14:1 (NIV)

“Do not let your hearts be troubled. You believe in God ; believe also in me.

John 14:27 (NIV)

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

2 Timothy 1:7 (NIV)

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

## **When You Feel Lonely**

John 3:16 (NIV)

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Luke 5:31-32 (NIV)

Jesus answered them, “It is not the healthy who need a doctor, but the sick.

I have not come to call the righteous, but sinners to repentance.”

Matthew 28:20 (NIV)

and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”

## **When You Make Mistakes & Feel Ashamed / Guilty**

1 John 1:9 (NIV)

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

Isaiah 1:18 (NIV)

“Come now, let us settle the matter,” says the Lord . “Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool.

Romans 8:1 (NIV)

Therefore, there is now no condemnation for those who are in Christ Jesus,

## **When Everyday Seems Mundane**

Psalms 100:4 (NIV)

Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.

Psalms 118:24 (NIV)

The Lord has done it this very day; let us rejoice today and be glad.

Proverbs 17:22 (NIV)

A cheerful heart is good medicine, but a crushed spirit dries up the bones.

## **When You Don't Have Hope for the Future**

Jeremiah 29:11 (NIV)

For I know the plans I have for you,” declares the Lord , “plans to prosper you and not to harm you, plans to give you hope and a future.

Proverbs 3:5-6 (NIV)

Trust in the Lord with all your heart and lean not on your own understanding;

in all your ways submit to him, and he will make your paths straight.

Psalms 23:1-6 (NIV)

The Lord is my shepherd, I lack nothing.

He makes me lie down in green pastures, he leads me beside quiet waters,

he refreshes my soul. He guides me along the right paths for his name's sake.

Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

## **When You Want to Change**

2 Corinthians 5:17 (NIV)

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

Ezekiel 36:26 (NIV)

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.

John 10:10 (NIV)

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

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