

Holy Spirit

Our Helper and Empowerer

Before Jesus went back to heaven, He told His disciples that the Holy Spirit would come to help and empower them. The Holy Spirit is God, just as the Father and the Son, Jesus, are God. We can relate to the Holy Spirit in a personal way. He has already helped you to understand about God.

The Holy Spirit Helps Us

How does the Holy Spirit help us?

John 14:26 (NIV)

(26) But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

John 16:8 (NIV)

(8) When he comes, he will prove the world to be in the wrong about sin and righteousness and judgment:

John 16:13 (NIV)

(13) But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.

The Holy Spirit Gives Us Life

In what ways does the Holy Spirit change our lives?

John 3:5-8 (NIV)

- (5) Jesus answered, "Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit.
- (6) Flesh gives birth to flesh, but the Spirit gives birth to spirit.
- (7) You should not be surprised at my saying, 'You must be born again.'
- (8) The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit."

Romans 8:2 (NIV)

(2) because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.

Galatians 5:22-25 (NIV)

- (22) But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness,
- (23) gentleness and self-control. Against such things there is no law.
- (24) Those who belong to Christ Jesus have crucified the flesh with its passions and desires.
- (25) Since we live by the Spirit, let us keep in step with the Spirit.

The Holy Spirit Empowers Us

In what ways does the Holy Spirit empower us?

Matthew 3:11 (NIV)

(11) "I baptize you with water for repentance. But after me comes one who is more powerful than I, whose sandals I am not worthy to carry. He will baptize you with the Holy Spirit and fire.

Acts 2:4 (NIV)

(4) All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.

1 Corinthians 12:4-11 (NIV)

- (4) There are different kinds of gifts, but the same Spirit distributes them.
- (5) There are different kinds of service, but the same Lord.
- (6) There are different kinds of working, but in all of them and in everyone it is the same God at work.
- (7) Now to each one the manifestation of the Spirit is given for the common good.
- (8) To one there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit,
- (9) to another faith by the same Spirit, to another gifts of healing by that one Spirit,
- (10) to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues.
- (11) All these are the work of one and the same Spirit, and he distributes them to each one, just as he determines.

Acts 1:8 (NIV)

(8) But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”

For what purpose does the Holy Spirit empower us?

The Holy Spirit Is in Us

Jesus promised that the Holy Spirit would be in us (John 14:17).

John 14:17 (NIV)

(17) the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you.

Our body is a temple of the Holy Spirit (1 Corinthians 6:19), this is the way that God shows that we are His (2 Corinthians 1:22).

1 Corinthians 6:19 (NIV)

(19) Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own;

2 Corinthians 1:22 (NIV)

(22) set his seal of ownership on us, and put his Spirit in our hearts as a deposit, guaranteeing what is to come.

Ask a Friend

How has the Holy Spirit helped and empowered you?
What other questions do you have about the Holy Spirit?
How can the Holy Spirit help you in your life?

Application

Read what Jesus said to His disciples in John 20:22.

John 20:22 (NIV)

(22) And with that he breathed on them and said, “Receive the Holy Spirit.

How can we be receptive to the Holy Spirit in our lives?

Prayer Model

Holy Spirit, I thank You that You are with me and in me, that You comfort me and guide me in the truth. Please fill me with Your power.

Key Verse

Acts 1:8 (NIV)

“But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”